EHS | مؤسسة الإمارات للخدمات الصحية
Emirates Health Services

NSC
Neonatal Service Committee

4th EHS International Neonatal Conference

The ART of Neonatal Care

Redefining Excellence Through Family Partnership to Shape Better Beginnings

14th Nov 2026

Le Méridien Dubai Hotel & Conference Centre, Dubai, UAE.



Welcome Message

Honored Guests and Colleagues, Welcome!

On behalf of the Neonatal Service Committee, we are delighted to welcome you to the 4th EHS International Neonatal Conference, taking place on 14th November 2026 at Le Méridien Dubai Hotel & Conference Centre, Dubai, UAE.

Under the theme, "***Redefining Excellence Through Family Partnership to Shape Better Beginnings,***" this Conference emphasizes that parents are not merely visitors in the neonatal journey, but essential partners in their baby's care. Their presence, participation, knowledge, and emotional connection play a vital role in supporting development, strengthening bonding, improving care experiences, and contributing to better outcomes for newborns.

Throughout the conference day, renowned international, regional, and national experts will share the latest advances in neonatal nutrition, neuroprotection, cardiovascular and respiratory care, developmental care, and family-centered practice through keynote lectures, interactive discussions, workshops.

Join us for an exceptional scientific gathering where knowledge, innovation, compassion, and family partnership come together to shape better beginnings and improve outcomes for newborns and their families.

We look forward to welcoming you to Dubai!



Dr. Mona Khalaf Al Aleeli

President of the Conference
Consultant Neonatologist &
Head of Neonatology Department
Al Qassimi Women's and Children's Hospital
Head of Neonatal Service Committee- EHS
Assistant Professor of Pediatrics College of Medicine, University of Sharjah.



Prof. Yasser El Sayed

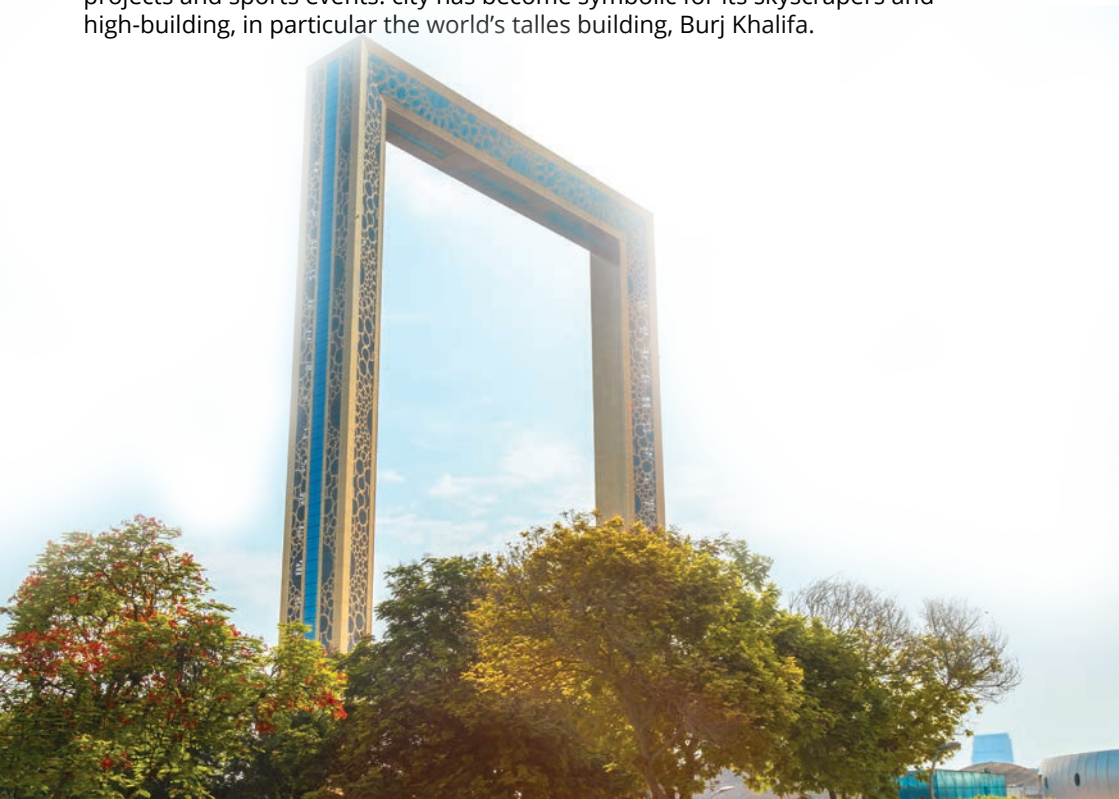
Conference Vice President
Professor of Pediatric
Department of Pediatrics and Child Health,
University of Manitoba, Canada
Staff Neonatologist, Neonatal-Perinatal
Medicine Shared Health- Manitoba,
St. Boniface Hospital-Canada

Dubai is the most populous city and emirate in the United Arab Emirates (UAE), and the second largest emirate by territorial size after the capital, Abu Dhabi. Dubai is located on the southeast coast of the Persian Gulf and is one of the seven emirates that make up the country. Abu Dhabi and Dubai are the only two emirates to have veto power over critical matters of national importance in the country's legislature. The city of Dubai is located on the emirate's northern coastline and heads up the Dubai-Sharjah-Ajman metropolitan area.

Dubai hosted World Expo 2021. Dubai has emerged as a global city and business hub of the Persian Gulf region. It is also a major transport hub for passengers and cargo. By the 1960s Dubai economy was based on revenues from trade and, to a smaller extent, oil exploration concessions, but oil was not discovered until 1966. Oil revenue first started to flow in 1969. Dubai's oil revenue helped accelerate the early development of the city, but its reserves are limited and production levels are low today, less than 5% of the emirate's revenue comes from oil.

The emirate's Western-style model of business drives economy with the main revenues now coming from to aviation, real estate, and financial service.

Dubai has recently attracted world attention through innovative large construction projects and sports events. city has become symbolic for its skyscrapers and high-building, in particular the world's talles building, Burj Khalifa.



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Conference Honorary President

Dr. Essam Howayyer Al Zarouni

Executive Director of the Medical Services Sector, at EHS



Scientific Committee



Dr. Mona Salah

Head of Scientific Committee
Consultant Pediatrician Neonatologist
AQWCH-EHS, UAE
Adjunct Clinical Professor,
College of Medicine,
University of Sharjah, UAE



Dr. Yaser Husein Ali

HOD of NICU, Consultant Neonatologist at
NMC Royal Hospital Khalifa City, Abu Dhabi



Dr. Mohammed Abou Seif

Head of NICU, Consultant Pediatrician/
Neonatologist, Burjeel Hospital,
Sharjah, UAE



Dr. Ahmad Dana

Consultant Pediatrician/Neonatologist,
AQWCH-EHS, UAE
Adjunct Clinical Professor,
College of Medicine,
University of Sharjah, UAE



Dr. Hanan Al- Raeesi

Consultant Pediatrician Neonatologist,
Medical Director of Medical Affairs,
Khorfakkan Hospital
Deputy of Neonatal Service Committee,
EHS, UAE



Dr. Amna AlZaabi

Consultant Pediatrician/Neonatologist,
Al Corniche Hospital,Abu Dhabi,UAE



Dr. Layla Obaid

Consultant Neonatologist,
Division Chief- Department of
Neonatology
Corniche Hospital, Abu Dhabi, UAE



Prof. Hakam Yaseen

Consultant Neonatologist,
Medical Director (CMO)
Member of Board of Trustees,
HOD Pediatric & Neonatology
Department, University Hospital Sharjah- UAE



Dr. Olfat Al Zaabi

Consultant Pediatrician,
HOD Pediatric & Neonatology,
Fujairah Hospital, EHS, UAE.



Dr. Jwan Feraj Shekhy

Consultant Pediatrician,
Head of Pediatric Department,
Khorfakkan Hospital, EHS, UAE

Scientific Committee



Dr. Mohamad Rami
Consultant Neonatologist,
Abdullah Bin Omran Hospital, EHS, UAE



Dr. Fares Chedid
Consultant Neonatologist,
Kanad Hospital, Al Ain, UAE
Adjunct Clinical Professor at the, Faculty of Medicine, UAE University, UAE



Prof. Yasser El Sayed
Conference vice president
Professor of Pediatrics and Child Health,
University of Manitoba
Director of Targeted Neonatal Echocardiography and POCUS programs
Health Sciences Center- Winnipeg- Canada

Organising Committee



Dr. Adel ElSayed
Consultant Pediatrician
Head of the Pediatric Department, Umm Al Quwain Hospital, EHS, UAE



Dr. Ahmad Dana
Consultant Pediatrician/Neonatologist
AQWCH-EHS, UAE
Adjunct Clinical Professor, College of Medicine, University of Sharjah, UAE



Dr. Fatima Al Kaabi
Specialist Pediatrician
Head of the Pediatric Department, Kalba Hospital, EHS, UAE



Dr. Hanan Al- Raeesi
Consultant Pediatrician Neonatologist,
Medical Director of Medical Affairs,
Khorfakkan Hospital
Deputy of Neonatal Service Committee, EHS, UAE



Dr. Hussien Eleimy
Specialist Pediatrician, Fujairah Hospital, EHS, UAE



Dr. Maureen Soliman
Pediatrician/Neonatologist
AQWCH-EHS, UAE



Dr. Mohammed Abou Seif
Head of NICU, Consultant Pediatrician/ Neonatologist, Burjeel Hospital, Sharjah, UAE



Dr. Najeeb Muringakodan
Consultant Pediatrician
Head of the Pediatric Department, Dibba hospital, EHS, UAE



Ms. Rola Al Thawabta
Neonatal intensive care Unit manager
AQWCH-EHS, UAE



Dr. Saleh Ali
Consultant A pediatrician.
MD, DCH, CABP.
Adjunct Professor at RAKMHSU.
HOD (Neonatology department ABOH)

Organising Committee



Dr. Yaser Husein Ali
HOD of NICU, Consultant Neonatologist at
NMC Royal Hospital Khalifa City, Abu Dhabi

Target Audience

- Neonatologists
- Pediatricians
- NICU Nurses
- Neonatal Fellows
- Psychologist
- Psychiatrist
- Neurodevelopmental Specialist
- Dietition
- Clinical Pharmacist
- Respiratory Therapist
- Physiotherapist

Theme: The Art of Neonatal Care: Redefining Excellence Through Family Partnership to Shape Better Beginnings

Conference Topics

1- Hemodynamic- Respiratory Care

* Precision Ventilation and Lung Imaging with AI
* Red Flags on Management of Pulmonary Hypertension
* POCUS-Guided Circulatory Support Decision
* The Road Map to Successful Extubation

2- Family-Centered & Parents Wellbeing

* Closing the Distance: AI for Bonding and Satisfaction in the NICU
* Healing the Whole Family- Parental Wellbeing in the NICU
* From Neonatal Intensive Care to Family Centered Care: our Journey at AQWCH

3- Nutrition & Growth

* Too Little, Too Much, Too Fast? Refeeding the Neonate Safely
* Precision Nutrition in Neonatology Personalized fortification Strategies for the Preterm and infants
* Extrauterine Growth Restriction Prevention — Growth Charts and Feeding Algorithms

4- Neuroprotection & Brain Development

* Neuroprotective Strategies and the Neuro-NICU Concept: From Evidence to Clinical Practice
* Neuromonitoring Strategies in the NICU
* Strategies to prevent intraventricular Hemorrhage
* Therapeutic Hypothermia: Current Updates and Emerging Controversies

5- Workshops

1- Evidence Based Practices in the NICU: IPAT, Un planned extubation
2- Diagnosis and Management of Gut Injury (Ultrasound-Based)

Guest Speakers



Dr. Ahmad Dana

Consultant Pediatrician/Neonatologist
AQWCH-EHS, UAE
Adjunct Clinical Professor,
College of Medicine,
University of Sharjah, UAE



Dr. Gabriel Variane

Founder & Medical Director, Protecting Brains & Saving Futures (PBSF) | Staff Neonatologist
Medical Director of Neonatal Neuro-Critical Care, Santa Casa de São Paulo



Mr. Hamzeh Gazi Al Gneady

Clinical Nurse Resource | EBP Mentor | Research Mentor
Al Qassimi Women's & Children's Hospital (AQWCH) — Emirates Health Services, UAE



Dr. Khaled El-Atawi

Consultant Neonatologist, NICU, LH
Clinical Quality Specialist, LH
Clinical Associate Professor of Neonatology, MBRU
Clinical Professor of Pediatrics, DMC
Deputy Program Director,
Neonatal Fellowship, Dubai Health



Dr. Mariam Ayed

Consultant Neonatal Neuro-Critical Care
Ministry of Health-Kuwait



Dr. Maureen Soliman

Pediatrician/Neonatologist
AQWCH-EHS, UAE



Dr. Mohamad Rami

Consultant Neonatologist,
Abdullah Bin Omran Hospital, EHS, UAE



Dr. Mona Salah

Consultant Pediatrician Neonatologist
AQWCH-EHS, UAE
Adjunct Clinical Professor,
College of Medicine,
University of Sharjah, UAE



Dr. Nadya Yousef

Specialist in Pediatrics (Norway and France)
Sub-specialty in Neonatology and Neonatal Intensive Care (France)
Pediatrician, Department of Mother and Child Health, Institut Médico-chirurgical Montsouris, Paris



Ms. Rola Al Thawabta

Neonatal Intensive Care Unit Manager
AQWCH-EHS, UAE

Guest Speakers



Dr. Wahba Hassanein

Senior Clinical Psychologist at Maudsley Health Assigned to Emirates Health Services - UAE (EHS) Khorfakkan Hospital



Prof. Yasser El Sayed

Conference Vice President
Professor of Pediatrics and Child Health, University of Manitoba
Director of Targeted Neonatal Echocardiography and POCUS programs
Health Sciences Center- Winnipeg- Canada



Dr. Zakariya Al Salam

Consultant Neonatologist and Head of NICU, King Salman Hospital, First Riyadh Health Cluster, Riyadh
Deputy Chair, Credentialing and Privileging Committee; Member, Medical Executive Committee

Moderators



Dr. Amna AlZaabi
Consultant Pediatrician/Neonatologist,
Al Corniche Hospital, Abu Dhabi,UAE



Dr. Anood Al Kaabi
Consultant Neonatologist and Program Director of the Neonatal-Perinatal Fellowship at Al Qassimi Women & Children Hospital, UAE



Dr. Asma A. Aldhafer
Specialist Neonatologist & Pediatrician,
AQWCH-EHS, Sharjah, U.A.E



Dr. Dalia Monir
Neonatology Consultant at Abdullah Bin Omran Hospital, Ras Al Khaimah



Dr. Hanan Al Raeesi
Consultant Pediatrician Neonatologist,
Medical Director of Medical Affairs,
Khorfakkan Hospital
Deputy of Neonatal
Service Committee, EHS, UAE



Dr. Hayam Alzoughby
Consultant Pediatric/Neonatologist
HOD pediatric/NICU Al-Dhaid Hospital, EHS
Adjunct clinical professor , Sharjah University



Dr. Lina Kassab
Pediatric Specialist, NICU, Al Qassimi Women and Children's Hospital - EHS



Dr. Mohammed El Khouli
Neonatologist and pediatric specialist,
MRCPCH, Master Degree in Pediatrics



Dr. Najeeb Muringakodan
Consultant Pediatrician
Head of the Pediatric Department, Dibba hospital, EHS, UAE



Ms. Shorouq Alassafeh
Senior Medical Technician – Neonatal Intensive Care Unit (NICU) Al Qassimi Women's and Children's Hospital, EHS, Sharjah, UAE.

Scientific Program

Saturday 14th Nov, 2026

Presenters: Dr. Ghada Alorabi & Dr. Ahmed Embabi

Registration and Coffee Refreshments - 07:30 - 09:00

Session (1): Hemodynamic- Respiratory Care

Moderators: Dr. Hanan Al Raeesi & Dr. Anood Al Kaabi

Time	Topic	Speaker
09:00 - 09:25	Precision Ventilation and Lung Imaging with AI	**Dr. Nadia Yousef**
09:25 - 09:50	POCUS-Guided Circulatory Support Decision	**Dr. Nadia Yousef**
09:50 - 10:15	Red Flags on Management of Pulmonary Hypertension	**Prof. Yasser El Sayed**
10:15 - 10:40	The Road Map to Successful Extubation	**Prof. Yasser El Sayed**
10:40 - 10:55	Panel Discussion	
10:55 - 11:15	**Opening Cermony**	
11:15 - 11:30	Coffee Break	

Session (2): Family-Centered & Parents Wellbeing

Moderators: Dr. Lina Kassab & Dr. Asma AlDhafer

Time	Topic	Speaker
11:30 - 11:55	Closing the Distance: AI for Bonding and Satisfaction in the NICU	**Dr. Zakariya Al Salam**
11:55 - 12:20	Healing the Whole Family- Parental Wellbeing in the NICU	**Dr. Wahba Hassanein**
12:20 - 12:45	From Neonatal Intensive Care to Family Centered Care: our Journey at AQWCH	**Dr. Maureen Soliman and Parents**
12:45 - 12:55	Panel Discussion	
12:55 - 13:05	**Coffee Break**	

Scientific Program

Saturday 14th Nov, 2026

Session (3):
Nutrition & Growth

Moderators: Dr. Dalia Monir & Dr. Najeeb Muringakodan

Time	Topic	Speaker
13:05 - 13:30	Too Little, Too Much, Too Fast? Refeeding the Neonate Safely	**Dr. Mona Salah**
13:30 - 13:55	Precision Nutrition in Neonatology Personalized fortification Strategies for the Preterm and infants	**Prof. Yasser El Sayed**
13:55 - 14:20	Extrauterine Growth Restriction Prevention Growth Charts and Feeding Algorithms	**Dr. Mohammed Rami**
14:20 - 14:45	Beyond the First Breath: Modern Management of RDS and the Evolving Role of Surfactant	**Dr. Khaled El-Atawi**
14:45 - 14:55	Panel Discussion	
14:55 - 15:55	**Lunch Break**	

Session (4):
Neuroprotection & Brain Development

Moderators: Dr. Amna AlZaabi & Dr. Hayam Alzoughby

Time	Topic	Speaker
15:55 - 16:20	Neuroprotective Strategies and the Neuro-NICU Concept: From Evidence to Clinical Practice	**Dr. Gabriel Variane**
16:20 - 16:45	Neuromonitoring strategies in the NICU	**Dr. Mariam Ayed**
16:45 - 17:10	Strategies to Prevent Intraventricular Hemorrhage	**Dr. Ahmed Dana**
17:10 - 17:35	Therapeutic Hypothermia: Current Updates and Emerging Controversies	**Dr. Gabriel Variane**
17:35 - 17:45	Panel Discussion	
17:45	**Closing Remark**	

Scientific Program

Saturday 14th Nov, 2026

Session (5): Workshop

Moderator: Ms. Shorouq Alasassfeh

Time	Topic	Speaker
17:30 - 19:30	**Workshop (1) Nurses** Evidence Based Practices in the NICU: IPAT, un planned extubation	**Ms. Rola Al Thawabti** **Mr. Hamza Al Gneady**

Moderator: Dr. Mohammed El Khouli

Time	Topic	Speaker
17:30 - 20:30	**Workshop (2) Physicians** Diagnosis and Management of Gut Injury (Ultrasound-Based)	**Prof. Yasser ElSayed**

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