



EHS

مؤسسة الإمارات للخدمات الصحية
Emirates Health Services

5th EHS International Obstetrics & Gynecology Conference

*Theme: Excellence Without Compromise :
The Next Era Of Women Health*

📅 10th – 11th October 2026

📍 Hilton Garden Inn Dubai Business Bay, Dubai, UAE



Strategic Partners



Preliminary Scientific Program

Day 1 – Saturday | 08:00–16:45 | 10th Oct 2026

08:00 – 08:30 | Registration & Welcome Coffee



Keynote

08:30 - 08:45

Dr. Shamsa Alawar

*Redefining Standards in Women's Health:
Clinical Mastery in the Era of Innovation*

Session 1 – Severe Maternal Morbidity & Advanced Obstetrics

Chairpersons: Dr. Shatha Al Zuheiri | Dr. Laila Alhobashi



08:45 - 09:00

Dr. Mouza Al Salmani

Management of Late Onset Fetal Growth Restriction



09:00 - 09:15

Dr. Tamima Al Dughaisi

Iron Deficiency in Pregnancy



09:15 - 09:30

Dr. Naeema Abdulkarim

*Preoperative Ultrasound Assessment in Complex or
Difficult Caesarean Section*



09:30 - 09:45

Dr. Mouza Al Salmani

Litigation in Obstetrics



09:45 - 10:00

Dr. Naeema Abdulkarim

*Management of Postpartum Hemorrhage:
Simple Novel Technique.*



10:00 - 10:15

Dr. Shamsa Alawar

TBA



10:30 - 10:45

Dr. Amel Ibrahim Almuaini

Opening Ceremony

10:45 - 11:00 : Coffee Break

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 2 – Future Fertility: Innovation, Preservation & Possibility

Chairpersons: Dr. Amal Alkhader | Dr. Fayeze Zaman



11:00 - 11:15

Dr. Nahla Kazim

AI in Assisted Reproductive Technology



11:15 - 11:30

Prof. Ahmed El-Bohoty

Fertility Preservation Strategies



11:30 - 11:45

Dr. Fatema Al Hajeri

Latest Update on PMOS



11:45 - 12:00

Dr. Lamia Ibrahim

Prevention of OHSS: Where Are We Now?



12:00 - 12:15

Prof. Ahmed El-Bohoty

*Recurrent Implantation Failure:
An Evidence-Based Approach*



12:15 - 12:30

Dr. Nahla Kazim

Ethical Considerations in Reproductive Medicine

12:30 - 13:30 : Lunch Break

Saturday Day 1 | 10th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

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Session 3 – Precision Gynecology: Conquering Endometriosis & Preserving Fertility

Chairpersons: Dr. Nahla Kazim | Prof. Ahmed El-Bohoty



13:30 - 13:45

Dr. George I Botros

***Fertility Preservation and Endometriosis:
An Update on the Evidence***



13:45 - 14:00

Dr. Wadha Al-Chafri

Complex Fibroid Surgery in Fertility-Seeking Women



14:00 - 14:15

Prof. Fady Moiety

***Microwave Ablation vs. Laparoscopic
Myomectomy for Uterine Myomas***



14:15 - 14:30

Dr. Sandesh Kade

***How to Approach Ovarian Endometriomas:
Choose Your Weapon Wisely***



14:30 - 14:45

Dr. George I Botros

***The Use of Minimally Invasive Surgery in Fertility
Preservation: Data Analysis from a Tertiary IVF Center***

14:45 - 15:15 : Panel Discussion & Coffee Break

Saturday Day 1 | 10th Oct 2026

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Session 4 – Functional & Lifespan Women's Health:

Chairpersons: Dr. Amal Alkhader | Dr. Huda AlNakeeb



15:15 - 15:30

Dr. Khulood Alawadi

*Genitourinary Syndrome of Menopause:
From Underdiagnosis to Evidence-Based Care*



15:30 - 15:45

Dr. Marwa Elajami

PRP Applications: Clinical Update



15:45 - 16:00

Dr. Mohamed Elsherbiny

*PRP for Ovarian Rejuvenation: From
Biological Rationale to Clinical Evidence*



16:00 - 16:15

Dr. Mona Abdelmaksoud

Vaginal Laxity & GSM Management



16:15 - 16:30

Dr. Khulood Alawadi

*Pubertal Induction in Turner Syndrome:
Why, When and How to Use Estradiol.*



16:30 - 16:45

Dr. Mohamed Elsherbiny

*Empty Follicle Syndrome:
Why It Happens and How to Manage It*

16:45 : Closing Remarks

Preliminary Scientific Program

Day 2 – Sunday | 08:00–16:30 | 11th Oct 2026

08:30 – 09:00 | Registration & Welcome Coffee



Keynote

09:00 - 09:30

Dr. Laila Alhubaishi

Keynote: Innovation with Responsibility –
Setting the Next Global Standard in Women's Health

Session 1 –

First-Trimester Frontiers: Seeing Earlier, Predicting Better

Chairpersons: Dr. Mona Khalfan | Dr. Fayez Zaman | Dr. Nahed Balalaa



09:30 - 09:45

Dr. Muna Khalfan

Early Placental Assessment



09:45 - 10:00

Prof. Rasha Kamel

Cervical Assessment by Ultrasound:
Screening and Diagnosis of Preterm Labor



10:00 - 10:15

Prof. Alaa El Ebrashy

Cranial & Fascial Examination at 13 Weeks:
Many steps forwards



10:15 - 10:30

Dr. Fadi Mirza

Recurrent Pregnancy Loss: The Many Do's and
Even More Don'ts



10:30 - 10:45

Prof. Sherif Negm

Early Fetal Growth Restriction

10:45 - 11:00 : Coffee Break

Preliminary Scientific Program

Sunday Day 2 / 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

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Session 2 – Gynecologic Oncology

Chairpersons: Dr. Wafa Adel | Dr. Hanadi Abbas



11:00 - 11:15

Dr. Zuhdi Khalid Nagshabandi

Pelvic Lymphadenectomy in Women Cancers



11:15 - 11:30

Dr. Omar Alelwan

Whole-Woman Care: The Gynecologist's Role in Navigating Breast Cancer Journeys



11:30 - 11:45

Dr. Zuhdi Khalid Nagshabandi

Managing Menopause in Women with Gynecological Cancer



11:45 - 12:00

Dr. Omar Alelwan

Fertility Sparing Surgery in Ovarian Cancer and Borderline Tumors: Who, When, and How



12:00 - 12:15

TBA

Industry Spotlight 1 – Company Presentation (Topic TBC)

12:15 - 12:30 - Panel Discussion

12:30 - 13:30 : Lunch Break

Preliminary Scientific Program

Sunday Day 2 / 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 3 – Early Pregnancy & Fetal Medicine Frontiers: Imaging, Prediction & Difficult Decisions

Chairpersons: Dr. Mona Khalfan | Dr. Huda AlNakeeb | Dr. Shatha Al Zuheiri



13:30 - 13:45

Dr. Mona Khalfan

The Expanding Role of NTPT; How far Should We go ?



13:45 - 14:00

Prof. Alaa El Ebrashy

Ten Images You Must Not Miss at the 12-Week Scan



14:00 - 14:15

Prof. Rasha Kamel

Unusual Presentations of Ectopic Pregnancy



14:15 - 14:30

Prof. Sherif Negm

Cardiac Ventricular Disproportion



14:30 - 14:45

Ms. Farah Al Bassam

Placental Disorder: Can We Predict?

14:45 - 15:15 : Networking & Coffee Break

Preliminary Scientific Program

Sunday Day 2 | 11th Oct 2026

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Session 4: Surgery Reimagined: Intelligent, Minimal & Ambulatory

Chairpersons: Dr. Khoulood Alawadi | Dr. Omar Alelwan



15:15 - 15:30

Prof. Fady Moiety

Updates on Adenomyosis Uteri



15:30 - 15:45

Dr. Wadha Al-Ghafri

Office Hysteroscopy: The Shift toward Outpatient Gynecologic Surgery



15:45 - 16:00

Dr. Fatema Al Hajeri

Isthmocele Management



16:00 - 16:15

Prof. Fady Moiety

AI in Minimally Invasive Surgery



16:15 - 16:30

Dr. Wadha Al-Ghafri

Advances in Hysteroscopic Polypectomy

16:30 - Closing Remarks

Preliminary Scientific Program

Day 1 – Saturday | 13:15 – 17:15 | 10th Oct 2026

Opening Ceremony by Dr. Amel Almuaini

08:00 – 08:30 | Registration & Welcome Coffee

Parallel Workshops – Day one

5th EHS International Obstetrics & Gynecology Conference

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Seal to Heal



11:00 – 11:15

Mr. Mohamed Mokhtar Mossa

Introduction to Baxter Advanced Surgery Portfolio



11:15 – 12:00

Prof. Atif Fazari

Advanced Hemostatic and Adhesion Management in Complex Obstetric Surgery



12:00 – 12:30

Dr. Fareeda Khan

Managing Bleeding Challenges in Gynecologic Surgery: The Role of Floseal

Cosmetic Workshop



13:30 – 14:30

Dr. Marwa Elajami

TBA

Colposcopy Workshop



14:30 – 17:30

Dr. Saad Aswad

- * Principles of Screening Program
- * Screening for Cervical Cancer
- * Screening for Cervical Cancer: UAE Guideline
- * Basic Colposcopy in the Diagnosis and Management Cervical Neoplasia
- * Colposcopic Nomenclature
- * Case Discussion

Sunday Day 2 | 11th Oct 2026

08:30 - 09:00 | Registration & Welcome Coffee

Parallel Workshops – Day Two

5th EHS International Obstetrics & Gynecology Conference

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Workshop on Transvaginal Radiofrequency
Ablation of Fibroid with Hands on Live Simulation



09:00 - 09:20

Dr. Shalini Malhotra

Fibroids-Why Radiofrequency Ablation



09:20 - 09:40

Dr. Muna Khalfan

Imaging in fibroids and Adenomyosis



09:40 - 10:00

Dr. Shalini Malhotra

Patient Selection Criteria



10:00 - 10:20

Dr. Muna Kashwani

Starting a Service: AQWCH Experience



10:20 - 10:40

Starmed Company

Technical Specifications of Radiofrequency Ablation

10:40 - 10:45 - Panel Discussion

10:45 - 11:00 - Coffee Break

11:00 - 12:30



Dr. Muna Khalfan & Dr. Muna Kashwani

Hands on with Simulation with Trainers

12:30 - 13:30 : Lunch Break

Parallel Workshops – Day Two

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Advancing Hysteroscopic Techniques: Efficient and Minimally Invasive Removal of Uterine Pathologies

Tru Clear Hysteroscopy



13:15- 13:45

Dr. Zenat Nazzal

Discussion: Advancing Hysteroscopic Techniques Efficient and Minimally Invasive Removal of Uterine Pathologies

Hands-on Workshop



13:45- 16:15

Dr. Zenat Nazzal

*Hands-on Hysteroscopy Workshop
Practical Introduction to Hysteroscopy and Minimally Invasive Uterine tissue Removal*

Hands-on Workshop Focus

- What is Hysteroscopy?
- Removal of abnormal Uterine tissue While Preserving the Uterus
- Techniques for Protecting the Uterine Wall During Minimally Invasive Tissue Removal

Strategic Partners



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