EHS | مؤسسة الإمارات للخدمات الصحية
Emirates Health Services

5th EHS International
Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise : The Next Era Of Women Health

10th - 11th October 2026

Hilton Garden Inn Dubai Business Bay, Dubai, UAE



Scientific Program

Day 1 – Saturday | 08:00–16:45 | 10th Oct 2026

08:00 - 08:30 | Registration & Welcome Coffee



Keynote
08:30 - 08:45
Dr. Shamsa Alawar
Redefining Standards in Women's Health: Clinical Mastery in the Era of Innovation

Session 1 – Severe Maternal Morbidity & Advanced Obstetrics

Chairpersons: Dr. Shatha Al Zuheiri | Dr. Laila Alhobashi



08:45 - 09:00
Dr. Mouza Al Salmani
Management of Late Onset Fetal Growth Restriction



09:00 - 09:15
Dr. Tamima Al Dughaishi
Iron Deficiency in Pregnancy



09:15 - 09:30
Dr. Naeema Abdulkarim
Preoperative Ultrasound Assessment in Complex or Difficult Caesarean Section



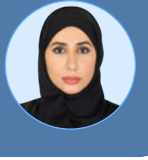
09:30 - 09:45
Dr. Mouza Al Salmani
Litigation in Obstetrics



09:45 - 10:00
Dr. Naeema Abdulkarim
Management of Postpartum Hemorrhage: Simple Novel Technique.



10:00 - 10:15
Dr. Shamsa Alawar
Antenatal Maternal RSV Vaccination



10:30 - 10:45
Dr. Amel Ibrahim Almuaini
Opening Ceremony

10:45 - 11:00 : Coffee Break

Scientific Program

Saturday Day 1 | 10th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 2 – Future Fertility: Innovation, Preservation & Possibility

Chairpersons: Dr. Amal Alkhader | Dr. Fayez Zaman



11:00 - 11:15
Dr. Nahla Kazim
AI in Assisted Reproductive Technology



11:15 - 11:30
Prof. Ahmed El-Bohoty
Fertility Preservation Strategies



11:30 - 11:45
Dr. Fatema Al Hajeri
Latest Update on PMOS



11:45 - 12:00
Dr. Lamia Ibrahim
Prevention of OHSS: Where Are We Now?



12:00 - 12:15
Prof. Ahmed El-Bohoty
Recurrent Implantation Failure: An Evidence-Based Approach



12:15 - 12:30
Dr. Nahla Kazim
Ethical Considerations in Reproductive Medicine

12:30 - 13:30 : Lunch Break

Scientific Program

Saturday Day 1 | 10th Oct 2026

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Session 3 – Precision Gynecology: Conquering Endometriosis & Preserving Fertility

Chairpersons: Dr. Nahla Kazim | Prof. Ahmed El-Bohoty



13:30 - 13:45

Dr. George L Botros

Fertility Preservation and Endometriosis: An Update on the Evidence



13:45 - 14:00

Dr. Wadha Al-Ghafri

Complex Fibroid Surgery in Fertility-Seeking Women



14:00 - 14:15

Prof. Fady Moiety

Microwave Ablation vs. Laparoscopic Myomectomy for Uterine Myomas



14:15 - 14:30

Dr. Sandesh Kade

How to Approach Ovarian Endometriomas: Choose Your Weapon Wisely



14:30 - 14:45

Dr. George L Botros

The Use of Minimally Invasive Surgery in Fertility Preservation: Data Analysis from a Tertiary IVF Center

14:45 - 15:15 : Panel Discussion & Coffee Break

Scientific Program

Saturday Day 1 | 10th Oct 2026

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Session 4 – Functional & Lifespan Women's Health:

Chairpersons: Dr. Amal Alkhader | Dr. Huda AlNakeeb



15:15 - 15:30

Dr. Khulood Alawadi

Genitourinary Syndrome of Menopause: From Underdiagnosis to Evidence-Based Care



15:30 - 15:45

Dr. Marwa Elajami

PRP Applications: Clinical Update



15:45 - 16:00

Dr. Mohamed Elsherbiny

PRP for Ovarian Rejuvenation: From Biological Rationale to Clinical Evidence



16:00 - 16:15

Dr. Mona Abdelmaksoud

Vaginal Laxity & GSM Management



16:15 - 16:30

Dr. Khulood Alawadi

Pubertal Induction in Turner Syndrome: Why, When and How to Use Estradiol.



16:30 - 16:45

Dr. Mohamed Elsherbiny

Empty Follicle Syndrome: Why It Happens and How to Manage It

16:45 : Closing Remarks

Scientific Program

Day 2 – Sunday | 08:00–16:30 | 11th Oct 2026

08:30 -09:00 | Registration & Welcome Coffee



Keynote

09:00 - 09:30

Dr. Laila Alhubaishi

Keynote: Innovation with Responsibility – Setting the Next Global Standard in Women's Health

Session 1 – First-Trimester Frontiers: Seeing Earlier, Predicting Better

Chairpersons: Dr. Mona Khalfan | Dr. Fayez Zaman | Dr. Nahed Balalaa



09:30 - 09:45

Dr. Muna Khalfan

Early Placental Assessment



09:45 - 10:00

Prof. Rasha Kamel

Cervical Assessment by Ultrasound: Screening and Diagnosis of Preterm Labor



10:00 - 10:15

Prof. Alaa El Ebrashy

Cranial & Fascial Examination at 13 Weeks: Many steps forwards



10:15 - 10:30

Dr. Fadi Mirza

Recurrent Pregnancy Loss: The Many Do's and Even More Don'ts



10:30 - 10:45

Prof. Sherif Negm

Early Fetal Growth Restriction

10:45 - 11:00 : Coffee Break

Scientific Program

Sunday Day 2 | 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

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Session 2 – Gynecologic Oncology

Chairpersons: Dr. Wafa Adel | Dr. Hanadi Abbas



11:00 - 11:15

Dr. Zuhdi Khalid Nagshabandi

Pelvic Lymphadenectomy in Women Cancers



11:15 - 11:30

Dr. Omar Alelwan

Whole-Woman Care: The Gynecologist's Role in Navigating Breast Cancer Journeys



11:30 - 11:45

Dr. Zuhdi Khalid Nagshabandi

Managing Menopause in Women with Gynecological Cancer



11:45 - 12:00

Dr. Omar Alelwan

Fertility Sparing Surgery in Ovarian Cancer and Borderline Tumors: Who, When, and How



12:00 - 12:15

TBA

Industry Spotlight 1 – Company Presentation (Topic TBC)

CSL Vifor

12:15 - 12:30 - Panel Discussion

12:30 - 13:30 : Lunch Break

Scientific Program

Sunday Day 2 | 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

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Session 3 – Early Pregnancy & Fetal Medicine Frontiers: Imaging, Prediction & Difficult Decisions

Chairpersons: Dr. Mona Khalfan | Dr. Huda AlNakeeb | Dr. Shatha Al Zuheiri



13:30 - 13:45
Dr. Muna Khalfan
The Expanding Role of NIPT; How far Should We go ?



13:45 - 14:00
Prof. Alaa El Ebrashy
Ten Images You Must Not Miss at the 12-Week Scan



14:00 - 14:15
Prof. Rasha Kamel
Unusual Presentations of Ectopic Pregnancy



14:15 - 14:30
Prof. Sherif Negm
Cardiac Ventricular Disproportion



14:30 - 14:45
Ms. Farah Al Bassam
Placental Disorder: Can We Predict?

14:45 - 15:15 : Networking & Coffee Break

Sunday Day 2 | 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

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Session 4: Surgery Reimagined: Intelligent, Minimal & Ambulatory

Chairpersons: Dr. Khulood Alawadi | Dr. Omar Alelwan



15:15 - 15:30
Prof. Fady Moiety
Updates on Adenomyosis Uteri



15:30 - 15:45
Dr. Wadha Al-Ghafri
Office Hysteroscopy: The Shift toward Outpatient Gynecologic Surgery



15:45 - 16:00
Dr. Fatema Al Hajeri
Isthmocele Management



16:00 - 16:15
Prof. Fady Moiety
AI in Minimally Invasive Surgery



16:15 - 16:30
Dr. Wadha Al-Ghafri
Advances in Hysteroscopic Polypectomy

16:30 - Closing Remarks

Scientific Program

Day 1 – Saturday | 13:15 – 17:15 | 10th Oct 2026

Opening Ceremony by Dr. Amel Almuaini | 08:00 – 08:30 | Registration & Welcome Coffee

Parallel Workshops – Day one

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Seal to Heal



11:00 – 11:15

Mr. Mohamed Mokhtar Mossa

Introduction to Baxter Advanced Surgery Portfolio



11:15 - 12:00

Prof. Atif Fazari

Advanced Hemostatic and Adhesion Management in Complex Obstetric Surgery



12:00 – 12:30

Dr. Fareeda Khan

Managing Bleeding Challenges in Gynecologic Surgery: The Role of Floseal

Cosmetic Workshop



13:30 – 14:30

Dr. Marwa Elajami

360° Non-Surgical

Vaginal Rehabilitation by RF + EMS + PDE

Theoretical: Concepts of the technology

* *How to Select the patients*
* *Cases discussion & Clinical application*

Colposcopy Workshop



14:30 - 17:30

Dr. Saad Aswad

* *Principles of Screening Program*
* *Screening for Cervical Cancer*
* *Screening for Cervical Cancer: UAE Guideline*
* *Basic Colposcopy in the Diagnosis and Management Cervical Neoplasia*
* *Colposcopic Nomenclature*
* *Case Discussion*

Scientific Program

Sunday Day 2 | 11th Oct 2026

08:30 – 09:00 | Registration & Welcome Coffee

Parallel Workshops – Day Two

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Workshop on Transvaginal Radiofrequency Ablation of Fibroid with Hands on Live Simulation



09:00 - 09:20
Dr. Shalini Malhotra
Fibroids–Why Radiofrequency Ablation



09:20 - 09:40
Dr. Muna Khalfan
Imaging in fibroids and Adenomyosis



09:40 - 10:00
Dr. Shalini Malhotra
Patient Selection Criteria



10:00 - 10:20
Dr. Muna Kashwani
Starting a Service: AQWCH Experience

10:20 - 10:40
Starmed Company
Technical Specifications of Radiofrequency Ablation

10:40 – 10:45 – Panel Discussion

10:45 – 11:00 – Coffee Break



11:00 – 12:30
Dr. Muna Khalfan & Dr. Muna Kashwani
Hands on with Simulation with Trainers

12:30 - 13:30 : Lunch Break

Sunday Day 2 | 11th Oct 2026

08:30 -09:00 | Registration & Welcome Coffee

Parallel Workshops – Day Two

5th EHS International Obstetrics & Gynecology Conference

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Advancing Hysteroscopic Techniques: Efficient and Minimally Invasive Removal of Uterine Pathologies

Tru Clear Hysteroscopy



13:15- 13:45

Dr. Zenat Nazzal

Discussion: Advancing Hysteroscopic Techniques Efficient and Minimally Invasive Removal of Uterine Pathologies

Hands-on Workshop



13:45- 16:15

Dr. Zenat Nazzal

Hands-on Hysteroscopy Workshop Practical Introduction to Hysteroscopy and Minimally Invasive Uterine tissue Removal

Hands-on Workshop Focus

- What is Hysteroscopy?
- Removal of abnormal Uterine tissue While Preserving the Uterus
- Techniques for Protecting the Uterine Wall During Minimally Invasive Tissue Removal



Increase Surgical Efficiency and Improve Patient Outcomes[1]

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Alexis™ O

C-Section Protector-Retractor

1. Hinkson L, Siedentopf J-P, Weichert A, Henrich W. Surgical site infection in cesarean sections with the use of a plastic sheath wound retractor compared to the traditional self-retaining metal retractor. *Eur J Obstet Gynecol Reprod Biol*. 2016;203:232-238.

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