



EHS

مؤسسة الإمارات للخدمات الصحية
Emirates Health Services

5th EHS International Obstetrics & Gynecology Conference

*Theme: Excellence Without Compromise :
The Next Era Of Women Health*

📅 10th – 11th October 2026

📍 Hilton Garden Inn Dubai Business Bay, Dubai, UAE

CME
Accreditation

Strategic Partners





Welcome Message

It is my pleasure and honour to extend to you a warm invitation to attend and participate in 5th EHS International Obstetrics & Gynecology Conference on 10th & 11th October 2026 which is to be held in Hilton Garden Inn Dubai Business Bay, Dubai, UAE.

This is CME accredited and the theme of the Conference ***“Excellence Without Compromise : The Next Era Of Women Health”*** truly reflect current trends, recent advances, and new approaches in the field. It will provide a platform for several experts, administrators, policy makers, clinicians, and researchers, to productively engage and mutually exchange theoretical knowledge, and real-time experiences.

This 2-day conference consists of a keynote, plenary talks, workshops, poster presentations with both academic and practical scientific sessions. Each day will start with a plenary session addressing a current issue of importance. After the plenaries, the scientific committee has organized parallel multidisciplinary sessions, long oral presentations, and short poster presentations on the major topics.

I hope the deliberations from various distinguished speakers at this special conference will be an enriching and immersive experience for the participants - one of renewal, learning, growth, and connection.

I would also like to thank the organizers and all the hands that have worked relentlessly in carrying out this mammoth task. I wish you the very best for a successful and fruitful conference. It would indeed lay the foundation for many such platforms for interactions between experts around the world. I look forward to meeting you all in the Conference.

Dr. Amel Ibrahim Almuaini

President of the Conference
Medical director of Fujairah Hospital,
Head of the Obstetrics and Gynaecology Dept

Dubai

located along the southeastern coast of the Arabian Gulf, stands as one of the most prominent emirates of the United Arab Emirates and a global center for trade, tourism, and innovation. The city of Dubai serves as its capital and economic heart, driven by a diversified economy that includes finance, real estate, aviation, logistics, retail, and a world-leading tourism sector. Dubai is home to major global landmarks such as the Burj Khalifa, the world's tallest building, and one of the busiest international airports, Dubai International Airport, which plays a crucial role in global air connectivity.

The emirate has a rich historical foundation reflected in areas like Al Fahidi Historical District and Dubai Creek, which highlight its transformation from a traditional trading port to a modern metropolis. Dubai experiences a hot desert climate and continues to grow through ambitious infrastructure projects and forward-looking development strategies. With its blend of cultural heritage, cutting-edge architecture, and dynamic lifestyle, Dubai attracts visitors and residents from around the world, making it a key pillar of the UAE's global identity and economic strength.

Committee Members For Fujairah Obgyn Conference



Dr. Amel Ibrahim Almuaini

President of the Conference

Medical director of Fujairah Hospital,
Head of the Obstetrics and Gynaecology Dept



Dr. Bushra Almashhadani

Vice President of the Conference

Senior Consultant Obstetrician and Gynecologist
MBBS, MRCOG, Arab and Iraqi Board Obs & Gyn.

Scientific Committee



Dr. Bushra Almashhadani

Vice President of the Conference

Senior Consultant Obstetrician and Gynecologist
MBBS, MRCOG, Arab and Iraqi Board Obs & Gyn.



Dr. Muna Khalfan

Consultant in Obstetrics,
Gynecology, and Fetal Medicine
Head of the Obstetrics and Gynecology
Department at Al Qassimi Women's
and Children's Hospital, Sharjah , UAE



Dr. Shahad Algaabi

Consultant OBGYN

Acting HOD Women institute in
Sheikh Khalifa Hospital Fujairah
Consultant Alfa Clinic, Fujairah



Dr. Hosam Elhalwagy

Consultant Urogynaecology and
Minimally Invasive Surgery At
Fujairah Hospital, EHS



Dr. Shatha Al Zuheiri

Consultant Obstetrics & Gynaecology
Bin Omran Hospital EHS Ras Al Khaima



Dr. Laila Alhubaishi

Consultant , General Obstetrics and
Gynecology, Latifa Hospital Dubai

Organizing Committee



Dr. Faiz



Dr. Huda Al Khateeb

Consultant Obstetrics and
Gynecology at Dubai, UAE



Dr. Wafa Albayati

Consultant Obstetrics
& Gynaecology Head of
Department Maternity
Khorfakkan Hospital



Midwife Hayat Alhosani

Unit Manager and Midwife at Fujairah Hospital,
Part of the Emirates Health Services in the UAE.
Research Coordinator at Fujairah Hospital and
Coordinator of the Positive Childbirth Experience Initiative



Dr. Hanadi



Dr. Fatma

Consultant Obstetrics and Gynecology
at Kalba Hospital Sharjah

Highlighted Topics

- General OB Gyne
- Reproductive Endocrinology
- IVF infertility
- Gynecological oncology
- Family and Maternity Medicine (FMM)
- Minimally Invasive Surgery (MIS)
- High Risk pregnancy
- Fetal-Maternal Medicine
- Fetal Ultrasonography
- Gynecological imaging
- Reproductive medicine
- Gynecologic laparoscopy
- Hysteroscopy
- Endometriosis
- Infertility
- Pelvic floor disorders
- Urogynecology
- Updates in male infertility

Key Features

- Presentations by renowned speakers from all over the world
- Interactive sessions
- Platform for global networking
- Connecting scientific community
- World class Exhibits

Who Should Attend

- | | |
|------------------------------|----------------------------------|
| • Gynecologists | • Neonatologists |
| • Obstetricians | • Family Medicine Physicians |
| • Clinicians | • General practitioners |
| • Specialists in IVF | • Clinical Toxicologists |
| • Gynecological Pathologists | • Andrology |
| • Gynecological Oncologists | • Pharmacists |
| • Radiologists | • Nurses |
| • Urologist | • Midwives |
| • Endocrinologists | • Researchers |
| • Infertility specialists | • Residents and Medical Students |
| • Anesthesiologist | |

Why Delegates Attended the 2026?

5th EHS International Obstetrics & Gynecology Conference

93%

To learn about various leading Gynecology and Obstetrics programs

91%

To review the new trends & transformations happening in Gynecology & Obstetrics

93%

To learn the current innovation and research in Gynecology and Obstetrics

92%

To discuss lessons learned from the journey of Gynecology and Obstetrics

Delegates Feedback

95%

Keep up to date to the latest trend on Oncology Gynecology and Obstetrics Programs

94%

Rated the speakers as excellent in Gynecology and Obstetrics

95%

Meet industry colleagues in Gynecology and Obstetrics

93%

Establish new contacts and collaborations in Gynecology and Obstetrics

Guest Speakers



Prof. Ahmed El-Bohoty

MSc, PhD, FRCOG, MIGSC, EFRM, ECRSC
Professor - Obstetrics & Gynecology
in Al Ain Shams University
Reproductive Medicine & ObGyn
Consultant in Trust Fertility Clinic-BMC



Prof. Alaa El Ebrashy

Professor of Ob /Gyn Kasr El Aini
Hospital, Cairo University
Director of the Fetal Medicine Unit Kasr
El Aini Hospital, Cairo University
Consultant in Ob/Gyn U/S and Fetal
Medicine: private enter in Cairo Egypt
Consultant in Fetal Medicine, Police
Hospital, El Agoza Giza Egypt



Dr. Fadi Mirza

Consultant, Maternal Fetal Medicine,
Latifa Hospital, Dubai. Currently Chair of
Obstetrics, Gynecology, and Women's Health



Prof. Fady Moiety

Professor, Obstetrics & Gynecology, Faculty of
Medicine, University of Alexandria, Egypt
Head of Minimally invasive surgery and
endoscopy unit/ training center, at Gynecology
department, Alexandria University
Consultant Gynecologist and Minimally invasive
Surgeon, Abu Dhabi, UAE



Ms. Farah Al Bassam

Fourth-Year Medical Student,
Ambassador of the Hayat Program,
Previous Secretary of the Medical Students'
Association & Founder of MSA Medical
Clubs - Bachelor of Medicine and Surgery
at University of Sharjah, UAE



Dr. Fatema Al Hajeri

Consultant OBS & Gynecology with a Special
Interest in Gynecology and early Pregnancy
Problems Zayed Military Hospital, KSA
Saudi Board in obstetrics and gynecology
Diploma in Obs & Gyne Ultrasound.



Dr. George I Botros

Consultant in Minimally Invasive Gynaecology and
Assisted Reproduction
Consultant - Head of Gynecology Department
Danat Al Emarat Hospital, Abu Dhabi



Dr. Karunakar



Dr. Khulood Alawadi

Consultant, Sexual and Reproductive Health,
Pediatric and Adolescent Gynecology, Danat
Al Emarat Hospital

Guest Speakers



Dr. Laila Alhubaishi

Senior Consultant Obstetrician and Gynecologist-Urogynecologist at Latifa Women and Children Hospital, Dubai
Assistant Professor in the Department of Obstetrics and Gynecology at the United Arab Emirates University.



Dr. Limia Ibrahim

MSc. Reproductive Medicine, MRCOG, FRCOG.
Diploma Obst. MD.
Fertility Specialist OB Gyn, Reproductive Medicine & IVF,
Assistant Medical Director Bourn Hall Fertility Clinic/ Mediclinic, Abu Dhabi UAE



Dr. M. Mazen Hachem

MD, FACS.
Senior Consultant Vascular, Endovascular Surgeon.
Chief Dept. of Surgery
Clinical Medical Director
GNP Hospital / Jeddah/ KSA.



Dr. Marwa Elajami

Senior Specialist and head of the Department of Obstetrics and Gynecology at Cosmesurge Hospital, Dubai, and she also works for Cosmesurge, Abu Dhabi.



Dr. Mohamed Alsherbini

Dr. Mona Abdelmaksoud

Consultant Obstetrics & Gynecology, Infertility and Cosmetic Gynecology
Cairo, Egypt



Dr. Muna Khalfan

Consultant in Obstetrics, Gynecology, and Fetal Medicine
Head of the Obstetrics and Gynecology Department at Al Qassimi Women's and Children's Hospital, Sharjah , UAE



Dr. Naema Abdulkarim

Senior Consultant Obstetrician and Gynaecologist, Fetal Medicine & High Risk Obstetrics, Salmaniya Medical Complex and Al Salam Specialist Hospital, Bahrain (part time)



Dr. Mouza Al Salmani

Senior Consultant OBGYN at Al Reem Medical Center, Oman
She is the Fetomaternal Head of the OBGYN department at the Royal Hospital, before she joined Al Reem Center.

Guest Speakers



Prof. Dr. Mustafa Zelal Muallem

Professor for Gynecological Oncology and Oncological Surgery.
Deputy Director of Department of Gynecology with Center for Oncological Surgery-Charité Medical University of Berlin-Germany



Dr. Nahla Kazim

Director of Fertility Preservation, Bourn Hall Fertility Centre-Mediclinic & Consultant Reproductive Medicine and Infertility Adjunct Assistant Professor, UAE University & Gulf Medical University
Founder & CEO, Kazim's Fertility Barza



Dr. Omar Alelwani

MD, JBOG, FACS, FICRS
Obstetrics and Gynecology Consultant Advanced Laparoscopic and Robotic Surgery Gynecologic Oncology
Medical Director and Head of Obstetrics and Gynecology Dept. at Dubai London Hospital



Prof. Rasha Kamel

Professor of Obstetrics and Gynecology Senior Consultant in the Fetal Medicine Unit (CAIFM) at Cairo University Hospitals, Egypt



Dr. Saad Aswad

Senior Consultant and Chief of Gynecological Oncology Division, Department of Obstetrics and Gynecology, Tawam Hospital / John Hopkins Medicine, Al-Ain, UAE



Dr. Shamsa Alawar

Senior Consultant in Obstetrics and Gynecology & Chair of Ob/Gyn department, college of Medicine & health Sciences at UAE University, the Vice Chair of UAE Higher Medical Liability Committee, Chair of Women and Child Health Advisory Group in Abu Dhabi and member of Emirati Medical Council in Department of Health AD.



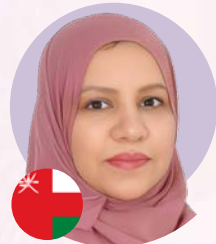
Dr. Sandesh Kade

Specialist Obstetrician & Gynaecologist, at Burjeel Hospital, Abu Dhabi, UAE



Prof. Sherif Negm

Professor of Obstetrics and Gynecology at Cairo University and Senior Consultant at the Fetal Medicine Unit (CAIFM) at Cairo University.



Dr. Tamima Al Dughaisi

President and Founder of Oman Society of Obstetrics and Gynaecology, Senior consultant in maternal Fetal medicine at department of Obstetrics and Gynaecology at Sultan Qaboos University Hospital, Oman.

Guest Speakers



Dr. Wadha Al-Ghafri

Sr. Consultant OBGYN
Minimal Invasive surgeon
Sultan Qaboos University, Oman
Vice President of Omani Society of
Obstetrics and Gynecology
Chair of the University Medical City
Health Committee



Dr. Zenat Nazzal

Consultant Obstetrics and Gynaecology
Aesthetic Gynaecology
In department Obstetrics and Gynaecology
at Mediclinic Dubai Mall, UAE



Dr. Zuhdi Khalid Nagshabandi

Consultant, General Obstetrics
and Gynecology
Latifa Hospital, Dubai, U.A.E.

Day 1 – Saturday | 13:15 – 17:15 | 10th Oct 2026

Opening Ceremony by Dr. Amel Almuaini

08:00 – 08:30 | Registration & Welcome Coffee

Parallel Workshops – Day one

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

13:15 – 17:15: Workshop

Ultrasound Masterclass



Dr. Karunakar

- Masterclass in 2 D & 3 D ultrasonography
- Examination of uterus, Ovaries, Adnexa & Doppler
- Assessment of Tubal Patency
- Introduction to Pelvic Floor ultrasonography

Preliminary Scientific Program

Day 1 – Saturday | 08:00–16:45 | 10th Oct 2026

08:00 – 08:30 | Registration & Welcome Coffee



Keynote

08:30 – 08:45

Dr. Shamsa Alawar

*Redefining Standards in Women's Health:
Clinical Mastery in the Era of Innovation*

Session 1 – Severe Maternal Morbidity & Advanced Obstetrics

Chairpersons: Dr. Shatha Al Zuheiri | Dr. Laila Alhobashi



08:45 – 09:00

Dr. Mouza Al Salmani

Management of Late Onset Fetal Growth Restriction



09:00 – 09:15

Dr. Tamima Al Dughaishi

Iron Deficiency in Pregnancy



09:15 – 09:30

Dr. M Mazen Hashem

Management of Catastrophic Postpartum Hemorrhage



09:30 – 09:45

Dr. Naeema Abdulkarim

*Preoperative Ultrasound Assessment in Complex or
Difficult Caesarean Section*



09:45 – 10:00

Prof. Mustafa Zelal

*Severe Maternal Morbidity Trends 2026 Less is More:
Redefining PAS Surgery Through Focal Resection*



10:00 – 10:15

Dr. Shamsa Alawar

TBA



10:30 – 10:45

Dr. Amel Ibrahim Almuaini

Opening Ceremony

10:45 – 11:00 : Coffee Break

Session 2 – Future Fertility: Innovation, Preservation & Possibility

Chairpersons: Dr. Amal Alkjafer | Dr. Faiz



11:00 - 11:15

Dr. Nahla Kazim

AI in Assisted Reproductive Technology



11:15 - 11:30

Prof. Ahmed El-Bohoty

Fertility Preservation Strategies



11:30 - 11:45

Dr. Fatema Al Hajeri

Latest Update on PMOS



11:45 - 12:00

Dr. Limia Ibrahim

Prevention of OHSS: Where Are We Now?



12:00 - 12:15

Prof. Ahmed El-Bohoty

*Recurrent Implantation Failure:
An Evidence-Based Approach*



12:15 - 12:30

Dr. Nahla Kazim

Ethical Considerations in Reproductive Medicine

12:30 - 13:30 : Lunch Break

Preliminary Scientific Program

Saturday Day 1 | 10th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 3 – Precision Gynecology: Conquering Endometriosis & Preserving Fertility

Chairpersons: Dr. Nahla Kazim | Prof. Ahmed El-Bohoty



13:30 - 13:45

Dr. George I Botros

***Fertility Preservation and Endometriosis:
An Update on the Evidence***



13:45 - 14:00

Dr. Wadha Al-Chafri

Complex Fibroid Surgery in Fertility-Seeking Women



14:00 - 14:15

Prof. Fady Moiety

***Microwave Ablation vs. Laparoscopic
Myomectomy for Uterine Myomas***



14:15 - 14:30

Dr. Sandesh Kade

***How to Approach Ovarian Endometriomas:
Choose Your Weapon Wisely***



14:30 - 14:45

Dr. George I Botros

***The Use of Minimally Invasive Surgery in Fertility
Preservation: Data Analysis from a Tertiary IVF Center***

14:45 - 15:15 : Panel Discussion & Coffee Break

Saturday Day 1 | 10th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 4 – Functional & Lifespan Women's Health:

Chairpersons: Dr. Amal Alkjader | Dr. Huda al Khateeb



15:15 - 15:30

Dr. Khulood Alawadi

***Genitourinary Syndrome of Menopause:
From Underdiagnosis to Evidence-Based Care***



15:30 - 15:45

Dr. Marwa Elajami

PRP Applications: Clinical Update



15:45 - 16:00

Dr. Mohamed Alsherbini

***PRP for Ovarian Rejuvenation: From
Biological Rationale to Clinical Evidence***



16:00 - 16:15

Dr. Mona Abdelmaksoud

Vaginal Laxity & GSM Management



16:15 - 16:30

Dr. Khulood Alawadi

***Pubertal Induction in Turner Syndrome:
Why, When and How to Use Estradiol.***



16:30 - 16:45

Dr. Mohamed Alsherbini

***Empty Follicle Syndrome:
Why It Happens and How to Manage It***

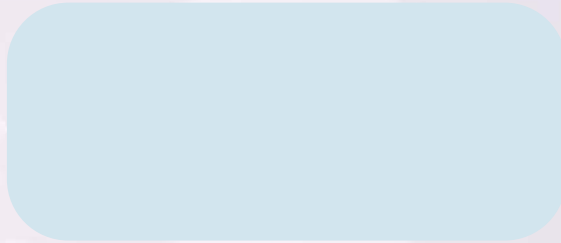
16:45 : Closing Remarks

Parallel Workshops – Day Two

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

09:00 - 12:00 : Workshop
Cosmetic Gynecology



12:15 - 13:15 : Lunch Break
13:15 - 16:15 : Workshop
Tru Clear Hysteroscopy (Medtronic)



Dr. Zenat Nazzal

Advancing Hysteroscopic Techniques: Efficient and Minimally Invasive Removal of Uterine Pathologies

- Modern hysteroscopic approaches for the effective removal of intrauterine pathologies such as myomas and polyps.
- Latest advancements in technique and technology that enhance precision, reduce procedure time, and improve patient outcomes.
- Focus on optimizing safety and efficiency while maintaining a minimally invasive

Preliminary Scientific Program

Day 2 – Sunday | 08:00–16:30 | 11th Oct 2026

08:30 – 09:00 | Registration & Welcome Coffee



Keynote

09:00 - 09:30

Dr. Laila Alhubaishi

Keynote: Innovation with Responsibility –
Setting the Next Global Standard in Women's Health

Session 1 –

First-Trimester Frontiers: Seeing Earlier, Predicting Better

Chairpersons: Dr. Mona Khalfan | Dr. Faiz Zaman | Dr. Nahed Balalaa



09:30 - 09:45

Dr. Muna Khalfan

Early Placental Assessment



09:45 - 10:00

Prof. Rasha Kamel

Cervical Assessment by Ultrasound:
Screening and Diagnosis of Preterm Labor



10:00 - 10:15

Prof. Alaa El Ebrashy

Cranial & Fascial Examination at 13 Weeks:
Many steps forwards



10:15 - 10:30

Dr. Fadi Mirza

Recurrent Pregnancy Loss: The Many Do's and
Even More Don'ts



10:30 - 10:45

Prof. Sherif Negm

Early Fetal Growth Restriction

10:45 - 11:00 : Coffee Break

Sunday Day 2 / 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 2 – Gynecologic Oncology

Chairpersons: Dr. Wafa Adel | Dr. Fatma Kalbaa



11:00 - 11:15

Prof. Dr. Mustafa Zelal Muallem

*Reconstructive Gynecological Surgery
Preserving the Function after Radical tumor Surgery*



11:15 - 11:30

Prof. Dr. Mustafa Zelal Muallem

*The Newest Aspects of Oncological Surgery
for Advanced Gynecological Cancer*



11:30 - 11:45

Dr. Omar Alelwan

*Whole-Woman Care: The Gynecologist's Role in
Navigating Breast Cancer Journeys*



11:45 - 12:00

Dr. Zuhdi Khalid Nagshabandi

*Managing Menopause in Women with
Gynecological Cancer*



12:00 - 12:15

Dr. Omar Alelwan

*Fertility Sparing Surgery in Ovarian Cancer
and Borderline Tumors: Who, When, and How*



12:15 - 12:30

TBA

*Industry Spotlight 1 – Company Presentation
(Topic TBC)*

12:30 - 13:30 : Lunch Break

Preliminary Scientific Program

Sunday Day 2 / 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 3 – Early Pregnancy & Fetal Medicine Frontiers: Imaging, Prediction & Difficult Decisions

Chairpersons: Dr. Mona Khalfan | Dr. Huda al Khateeb | Dr. Shatha Al Zuheiri



13:30 - 13:45

Dr. Mona Khalfan

Ethics & Difficult Decisions in Fetal Medicine



13:45 - 14:00

Prof. Alaa El Ebrashy

Ten Images You Must Not Miss at the 12-Week Scan



14:00 - 14:15

Prof. Rasha Kamel

Unusual Presentations of Ectopic Pregnancy



14:15 - 14:30

Prof. Sherif Negm

Cardiac Ventricular Disproportion



14:30 - 14:45

Ms. Farah Al Bassam

Student Corner: Placental Histopathological Abnormalities in Adverse Obstetric Outcomes: A retrospective Cross-sectional study at Sultan Qaboos University Hospital

14:45 - 15:15 : Networking & Coffee Break

Preliminary Scientific Program

Sunday Day 2 | 11th Oct 2026

5th EHS International Obstetrics & Gynecology Conference

Theme: Excellence Without Compromise in Advanced Obstetrics & Gynecology

Session 4: Surgery Reimagined: Intelligent, Minimal & Ambulatory

Chairpersons: Dr. Hanadi | Dr. Khoulood Alawadi



15:15 - 15:30

Prof. Fady Moiety

Updates on Adenomyosis Uteri



15:30 - 15:45

Dr. Wadha Al-Ghafri

Office Hysteroscopy: The Shift toward Outpatient Gynecologic Surgery



15:45 - 16:00

Dr. Fatema Al Hajeri

Isthmocele Management



16:00 - 16:15

Prof. Fady Moiety

AI in Minimally Invasive Surgery



16:15 - 16:30

Dr. Wadha Al-Ghafri

Advances in Hysteroscopic Polypectomy

16:30 - Closing Remarks

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+971 4361 5929
+9715299 77290



Office 704, Saheel 2 Business tower,
Al Nahda 1, Dubai - UAE; P.O.Box 9501



info@dubaicme.com
www.dubaicme.com