

# 4<sup>TH</sup> EHS INTERNATIONAL

**OBSTETRICS & GYNECOLOGY CONFERENCE** 

■ 18<sup>th</sup> - 20<sup>th</sup> April 2025
 ● Doubletree By Hilton, Fujairah City, UAE

PRE CONFERENCE WORKSHOP 18th APRIL





# Welcome Message

It is my pleasure and honour to extend to you a warm invitation to attend and participate in 4<sup>th</sup> EHS International Obstetrics & Gynecology Conference which is to be held in Fujairah UAE.

This is CME accredited and the themes of the Conference truly reflect current trends, recent advances, and new approaches in the field. It will provide a platform for several experts, administrators, policy makers, clinicians, and researchers, to productively engage and mutually exchange theoretical knowledge, and real-time experiences.

This 3-day conference consists of a keynote, plenary talks, workshops, poster presentations with both academic and practical scientific sessions. Each day will start with a plenary session addressing a current issue of importance. After the plenaries, the scientific committee has organized parallel multidisciplinary sessions, long oral presentations, and short poster presentations on the major topics.

I hope the deliberations from various distinguished speakers at this special conference will be an enriching and immersive experience for the participants - one of renewal, learning, growth, and connection. I would also like to thank the organizers and all the hands that have worked relentlessly in carrying out this mammoth task. I wish you the very best for a successful and fruitful conference. It would indeed lay the foundation for many such platforms for interactions between experts around the world. I look forward to meeting you all in the Conference.

#### Dr. Amel Ibrahim Almuaini

President of the Conference Medical director of Fujairah Hospital, Head of the Obstetrics and Gynaecology Dept

# Committee Members For Fujairah Obgyn Conference



Dr. Amel Ibrahim Almuaini
President of the Conference
Medical director of Fujairah Hospital,
Head of the Obstetrics and Gynaecology Dept



Dr. Shahad Alzaabi Consultant OBGYN Acting HOD Women institute in Sheik khalifa Hospital Fujairah Consultant Alfa Clinic, Fujairah



Scientific Committee



Dr. Fatima Alhajeri
Consultant OBS & Gynecology with a special interest in gynecology and early pregnancy problems Zayed military hospital, KSA Saudi board in obstetrics and gynecology Diploma in Obs & Gyne Ultrasound.



Dr. Hosam Elhalwagy Consultant Urogynaecology and Minimally invasive Surgery Al Fujairah Hospital,EHS



Dr. Muna Khalfan Consultant in Obstetrics, Gynecology, and Fetal Medicine Head of the Obstetrics and Gynecology Department at Al Qassimi Women's and Children's Hospital, Sharjah , UAE



Dr. Shahad Alzaabi
Consultant OBGYN
Acting HOD Women institute in Sheik
khalifa Hospital Fujairah
Consultant Alfa Clinic. Fujairah



Dr. Omar Alelwan
Obstetrics and Gynecology Consultant at
Fujairah Hospital
Assistant Professor Advanced
Laparoscopic experience
MOHAP License Gynecologic oncology

# **Organizing Committee**



Dr. Bushra Almashhadani Senior Consultant Obstetrician and Gynecologist MBBS, MRCOG, Arab and Iraqi Board Obs & Gyn.



Dr. Hala Elyas Consultant Obstetrician and Gynecologist, Minimal Invasive Surgery, Endometriosis, Fujairah Hospital Assistant Professor in Obstetrics and Gynecology



Midwife Hayat Alhosani
Unit Manager and Midwife at Fujairah Hospital,
Part of the Emirates Health Services in the UAE.
Research Coordinator at Fujairah Hospital and
Coordinator of the Positive Childbirth Experience Initiative



Dr. Makarim AlNejim Specialist Obs&Gyn, Fujairah hospital, MBBS, High Diploma from Iraq

### Social Committee



Dr. Sayda Adil Hassan Elsayed Specialist obstetrics and Gynecology MD, SMSB, Sudan, Fujairah hospital



Ismail Hamdan
Specialist Obstetric and gynecology
Jordanian Boad in obstetric and
Gynecology Fujaarah hospital



Dr. Khansa Osman Specialist Gynecology MD SMBS Sudan Master of advance obstetric US iandonald Deploma IVF from DERMAS Egypt Fujiairah Hospital



Dr. Muntaha Mohamed Ali

Specialist obstetricians and gymecologists MD Sudan, Master obstetrics and gynecology kasr alainy-Cairo university Diploma of ultrasound fetal medicine Cairo University Diploma of fertillity Cairo university

# **Highlighted Topics**

- General OB Gyne
- Reproductive Endocrinology
- IVF infertility
- Gynecological oncology
- Family and Maternity Medicine (FMM)
- Minimally Invasive Surgery (MIS)
- High Risk pregnancy
- Fetal-Maternal Medicine
- Fetal Ultrasonography
- Gynecological imaging
- Reproductive medicine
- Gynecologic laparoscopy
- Hysteroscopy
- Endometriosis
- Infertility
- Pelvic floor disorders
- Urogynecology
- Updates in male infertility

# Key Features

- Presentations by renowned speakers from all over the world
- Interactive sessions
- Platform for global networking
- Connecting scientific community
- World class Exhibits

# Who Should Attend

- Gynecologists
- Obstetricians
- Clinicians
- Specialists in IVF
- Gynecological Pathologists
- Gynecological Oncologists
- Radiologists
- Urologist
- Endocrinologists
- Infertility specialists
- Anesthesiologist

- Neonatologists
- Family Medicine Physicians
- General practitioners
- Clinical Toxicologists
- Andrology
- Pharmacists
- Nurses
- Midwives
- Researchers
- Residents and Medical Students



# Why Delegates Attended the 2025?

4<sup>th</sup> EHS International Obstetrics & Gynecology Conference

93%

To learn about various leading Gynecology and Obstetrics programs

91%

To review the new trends & transformations happening in Gynecology & Obstetrics

93%

To learn the current innovation and research in Gynecology and Obstetrics

92%

To discuss lessons learned from the journey of Gynecology and Obstetrics

#### Delegates Feedback

95%

Keep up to date to the latest trend on Oncology Gynecology and Obstetrics Programs

94%

Rated the speakers as excellent in Gynecology and Obstetrics

95%

Meet industry colleagues in Gynecology and Obstetrics

93%

Establish new contacts and collaborations in Gynecology and Obstetric





Ms. Abeer Hussien
Alnashee
Nurse Educator/ Donor Recruiter
First Stem Cell and Genomics Laboratory



Dr. Aishah Abdulla Almadhaani Consultant family Physician Director of Primary Health Care Fujairah.



Prof. Alaa El Ebrashy
Professor of Ob /Gyn Kasr El Aini Hospital. Cairo University
Director of the Fetal Medicine Unit Kasr El Aini Hospital, Cairo University
Consultant in Ob/GYn U/S and Fetal Medicine; private entre in Cairo Egypt
Consultant in Fetal Medicine, Police Hospital, El Agoza Giza Egypt



Prof. Atif Fazari

MBBS. MD.MRCPI. FMIS. MPH
Senior Consultant Gynecologist & Obstetrician
Pelvic Tumours Surgery & High-Risk Pregnancy.
Latifa Hospital, Dubai Health



Dr. Basirat Towobola

Consultant Obstetrician and
Urogynaecologist at Tawam
Hospital Al Ain UAE.



Dr. Bushra Almashhadani Senior Consultant Obstetrician and Gynecologist MBBS, MRCOG, Arab and Iraqi Board Obs & Gyn.



Dr. Delphine Dupuis
Family Physician Breastfeeding Medicine &
Infant feeding Specialist
Lactation Consultant IBCLC
Medicentres Dubai



Dr. Eman Fayez

MBBS, Pharmacy College, Egypt
Certified Doula | Birth
Support Specialist



Mrs. Emelene Batitis

Nurse Educator / Donor Recruiter

Registered Nurse, First Stem Cell.



Dr. Evelyne Ruf

GP and International Board Certified
Lactation Consultant, consultant to
Breastfeeding Friends Society (SCFA,
Government of Sharjah). National and
International Speaker on Breastfeeding
Medicine Topics.



Prof. Fady Moiety

Professor, Obstetrics & Gynecology, Faculty of Medicine, University of Alexandria, Egypt Head of Minimally invasive surgery and endoscopy unit/ training center, at Gynecology department, Alexandria University Consultant Gynecologist and Minimally invasive Surgeon, Abu Dhabi, UAE



Prof. Faruk Kose
Chair Ob&Gyn, Gynecologic Oncology at
Acibadem Atakent Hospital
Consultant Gynecologic Oncology and Obstetric
Member of European Society of
Gynaecological Oncology



Dr. Fatema Al Hajeri
Consultant OBS & Gynecology with a Special
interest in gynecology and early pregnancy
problems Zayed military hospital, KSA
Saudi board in obstetrics and gynecology
Diploma in Obs & Gyne Ultrasound.



Dr. Hala Elyas Consultant Obstetrician and Gynecologist, Minimal Invasive Surgery, Endometriosis, Fujairah Hospital Assistant Professor in Obstetrics and Gynecology



Prof. Hassan Elbiss
Professor of Obstetrics & Gynaecology,
College of Medicine & Health Sciences,
United Arab Emirates University, Al Ain
Chief, Urogynecology Unit, Tawam Hospital
Obstetrics / Gynecology (OB-GYN)



Dr. Hosam Elhalwagy
Consultant Urogynaecology and

Consultant Urogynaecology and Minimally Invasive Surgery Al Fujairah Hospital, EHS



Dr. Labib Edison Riachi

Consultant Ob/Gyn, Mediclinic City Hospital, Dubai, UAE, Consultant Ob/Gyn, Robotic Gynecology division at Al Qassimi Hospital



Dr. Lateefa Al Nuaimi

Consultant Colorectal Surgeon, Mediclinic City Hospital



Dr. Maryam Al Shukri Senior Consultant Department of Obstetrics and Gynecology Sultan Qaboos University Hospital Sultanate of Oman.



Abudabbous

Consultant in Obstetrics and Gynecology
EBCOG (European Board), MIC II, AGUB I,
DEUGM I, FMF Fellowship
Urogynecology and Pelvic Floor Surgery
Senior Consultant, Urogynecology, and
Endoscopic Surgery

Dr. Mohamed Abdalla



Dr. Muna Khalfan Consultant in Obstetrics, Gynecology, and Fetal Medicine Head of the Obstetrics and Gynecology Department at Al Qassimi Women's and Children's Hospital, Sharjah, UAE



Dr. Omar Alelwan
Obstetrics and Gynecology Consultant at
Fujairah Hospital
Assistant Professor Advanced
Laparoscopic experience
MOHAP License Gynecologic oncology



Dr. Ramya Sundaram Specialist Obsterics And Gynecology, Fujairah Hospital



Prof. Rasha Kamel
Professor of Obstetrics and
Gynecology Senior Consultant in
the Fetal Medicine Unit (CAIFM) at
Cairo University Hospitals, Egypt



Dr. Saad Aswad Senior Consultant and Chief of Gynecological Oncology Division, Department of Obstetrics and Gynecology, Tawam Hospital / John Hopkins Medicine, Al-Ain, UAE



Dr. Saleema Wani
Consultant Obstetrician and Gynecologist
Chief of Obstetrics at Corniche Hospital,
Abu Dhabi, UAE.
member of the Royal College of
Obstetrics and Gynecology UK



Dr. Shatha Al Zuheiri
Consultant Obstetrics & Gynaecology
Bin Omran Hospital EHS Ras Al Khiama



Prof. Sherif Negm

Professor of Obstetrics and Gynecology at Cairo University and Senior Consultant at the Fetal Medicine Unit (CAIFM) at Cairo University.



Dr. Sudha Sarma

Consultant Obstetrics & Gynaecology Head of Department obgyn, Specialist a gynaecologist Al Dhaid hospital, Ministry of Health and Prevention, Sharjah, UAE



Dr. Wafa Adel Jassim Albayati

Consultant Obstetrics & Gynaecology Head of Department Maternity Khorfakkan Hospital



#### 4<sup>th</sup> EHS International Obstetrics & Gynecology Conference 18<sup>th</sup> - 20<sup>th</sup> April 2025

#### Day 1 - 18th of April 2025

Registration: 08:00 Welcome Speech: 08:30-08:45

#### **Breastfeeding Workshop**



08:45 - 09:00 Dr. Sumayah Alnaemi Introduction



09:00 - 09:30

Dr. Evelyne Ruf
Biological Nurturing, or The Natural Breastfeeding Position

Hall A



09:30 - 10:00

Dr. Delphine Dupuis

Risk factor approach to optimise breastfeeding outcomes



Coffee Break : 10:00-10:15





11:00 - 12:00
Dr. Delphine Dupuis
The Mastitis spectrum: review of the updated ABM protocol



12:00 - 12:30
Dr. Eman Fayez
The Vital role of the Doulas in Maternity Care



Prayer time and lunch time: 12:30-13:30

13:30 - 14:00

Dr. Delphine Dupuis

Physical therapy is a useful tool for the lactation consultant

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18<sup>th</sup> - 20<sup>th</sup> April 2025

#### Day 1 - 18th of April 2025

#### **Breastfeeding Workshop**









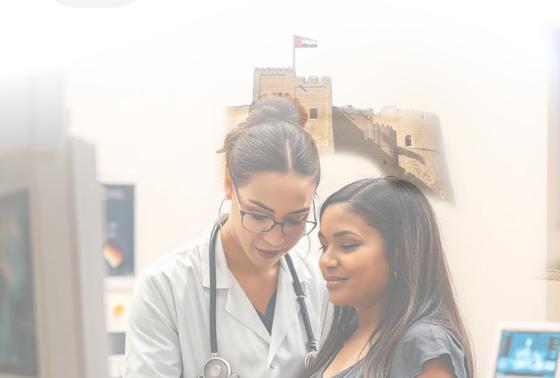
Ms. Abeer Hussien Alnashee & Ms. Emelene Batitis Umbilical cord blood and cord tissue collection (FSG Stem Cell)

## **Topics:**

#### 15:00 - 18:00

#### Hands on Station

- 1. Manual therapies for breast comfort: Breast gymnastic and lymphatic drainage.
- 2. Alternative feeding methods ( pros and cons and practical demonstration
- 3. Practical demonstration of the Biological nurturing/Natural breastfeeding position)
- 4. Observation of different tools for nipple sizing (flanges)



#### 4th EHS International Obstetrics & Gynecology Conference 18<sup>th</sup> - 20<sup>th</sup> April 2025

#### Day 1 - 18<sup>th</sup> of April 2025

#### Urogynaecology Workshop











10:30 - 11:30 Dr. Hosam Elhalwagy Diagnosis and Management of stress Incontinence



11:30 -13:00 Hands on experience for apical suspension and Bulkamid

#### Prayer time and lunchbreak 13:00-14:30

# Session 2







Prof. Rasha Kamel Transperineal USS for OASIS

14:30 - 15:30



16:30 - 17:30 Dr. Basirat Towobola Prevention of OASIS

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18<sup>th</sup> - 20<sup>th</sup> April 2025

#### Day 1 - 18th of April 2025

#### Laparoscopic (Minimal Invasive) Workshop





09:15 - 09:40

Dr. Hala Elyas
Introduction (Laparoscopic tower, instruments and Operation theater layouts)



09:40 - 10:00 Dr. Fatema Alhajeri Basic anatomy for laparoscopic Gynecologist



10:00 - 10:20
Dr. Omar Alelwan
Laparoscopic suturing: theory for loading the needle and different knotting techniques



10:20 - 12:00 Hands on training: (Simsei Simulation)

- \* Orientation and handling (Pegboard Exercise).
- \* Laparoscopic suturing (Intracorporeal Knot).



Prayer time and lunchbreak 12:00-14:00

14:00 - 14:20 Dr. Hala Elyas Laparoscopic Adnexal surgery (video presentation)



14:20 - 14:40
Dr. Fatema Alhajeri
Hysteroectomy Step by step (video presentation)



14:40 - 15:00
Dr. Omar Alelwan
Laparoscopic Myomectomy (video presentation)

15:00 - 17:00 Hands on training:

-Vaginal Cuff closure.

Training boxes

- Laparoscopic salpingo-oophorectomy- Laparoscopic Hysterectomy

Closing: 17:00-17:10

#### 4<sup>th</sup> EHS International Obstetrics & Gynecology Conference 18<sup>th</sup> - 20<sup>th</sup> April 2025

#### Day 1 - 18th of April 2025

#### Ultrasound Workshop





09:15 - 09:40 Prof. Alaa El Ebrashy Probe Orientation & Movements



09:40 - 10:00 Dr. Muna Khalfan Complication of first trimester



10:00 - 10:20
Prof. Alaa El Ebrashy
First trimester screening Beyond Nuchal Translucency



10:20 - 10:50 Prof. Sherif Negm Fetal Growth Restriction



10: 50 - 11:20 Dr. Muna Khalfan Basic Fetal Echocardiography



11:20 - 12:00 Prof. Sherif Negm Basic CNS examination



12:00 - 12:20 Dr. Bushra Almashhadani Placenta Accreta Spectrum

Session 2 14:00 - 14:30 14:30 - 15:20 15:20 - 16:00

Prayer & Lunch Break: 12:20-14:00

Live scanning: first trimester Live scanning: Second trimester Live scanning: Third trimester

Closing: 16:00-16:10

#### 4<sup>th</sup> EHS International Obstetrics & Gynecology Conference 18<sup>th</sup> - 20<sup>th</sup> April 2025

#### Day 2 - 19th of April 2025

Registration: 08:30 Welcome Speech: 08:45-09:00

Chairpersons: Dr. Wafa Adel Jassim Albayati | Dr. Saad Aswad



09:00 - 09:20 Prof. Rasha Kamel Delivery after OASIs





09:20 - 09:40 Prof. Faruk Kose Interactive Case Discussion for Colposcopy



09:40 - 10:00 Prof. Fady Moiety Hysterosocopy in Virgin Patients.



Panel Discussion: 10:00- 10:15 Opening Ceremony: 10:15 - 10:45

10:45 - 11:05 Dr. Bushra Almashhadani Maternal Sepsis Update

Coffee Break: 11:05 - 11:20

Chairpersons: Prof. Rasha Kamel | Dr. Fady Moiety





11:20 - 11:40 Dr. Saad Aswad Ovarian Cancer Surgery : Update



11:40 - 12:00 Prof. Faruk Kose Safety of MIS: Tips and Tricks



12:00 - 12:20 Dr. Delphine Dupuis Updated in Mastitis Management

> Panel Discussion: 12:20 - 12:30 Prayer and Lunch Break: 12:30 - 14:00

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18<sup>th</sup> - 20<sup>th</sup> April 2025

Day 2 - 19th of April 2025

Chairpersons: Prof. Rasha Kamel | Dr. Gursrup Gautam



14:00 - 14:20 Prof. Fady Moiety Special model of hysteroscopic metroplasty





14:20 - 14:40 Prof. Atif Fazari Gynecology: Scar pregnancy: Pathology, complications and management



14:40 - 15:00 Dr. Maryam Al Shukri Focusing on management of tubal ectopic pregnancy,



Ectopic pregnancy for the Oncall gynecologis: opening a pandora box

Advancement of laparoscopic hysterectomy without vaginal manipulation Panel Discussion: 15:20 - 15:30 Coffee Break: 15:30 - 15:40

15:00 - 15:20

Session 4

Chairpersons: Dr. Omar Alelwan | Dr. Ravichandra

Dr. Mohamed Abdalla Abudabbous



15:40 - 16:00 Dr. Labib Edison Riachi Advancing Hysteroscopic Techniques: Efficient and Minimally Invasive Removal of Uterine Pathologies.



16:00 - 16:20 Dr. Fatema Al Hajeri Abnormal uterine bleeding AUB Adenomyoss in adolescent,



16:20 - 16:40 Dr. Shatha Al Zuheiri Obesity: a global problem on maternal health



16:40 - 17:00 Prof. Alaa El Ebrashy Color Doppler in the 1st trimester. What is the current use

1st day Closing: 17:00- 17:15

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#### Day 3 - 20th of April 2025

Registration: 08:30

Chairpersons: Dr. Shahad Alzaabi | Dr. Hosam Elhalwagy



09:00 - 09:20

Dr. Saleema Wani

Anemia Management in Pregnancy





09:20 - 09:40

Dr. Saad Aswad

The Role of Tumor Board in Gyne cancer / Case Discussion.



09:40 - 10:00 Prof. Rasha Kamel Role of ultrasound in contraception

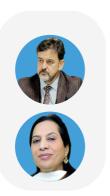


10:00 - 10:20 Dr. Aishah Abdulla Almadhaani Antenatal Al

Panel Discussion: 10:20- 10:30 Coffee Break: 10:30 - 10:40

Chairpersons: Dr. Hala Elyas | Dr. Maryam Al Shukri

Session 6



10:40 - 11:00

Dr. Mohamed Abdalla Abudabbous

Combined hystroscopic and laproscopic approach for ceaserean scar defectd: multi center experience



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#### Day 3 - 20th of April 2025

Chairpersons: Dr. Hala Elyas | Dr. Maryam Al Shukri



11:20 -11:40 Dr. Saad Aswad

Session 6

Obesity impact on women's health: Semaglutide 2.4 mg: Holistic obesity care beyond weight loss



11:40 - 12:00 Dr. Wafa Adel Jassim Albayati

Endometrium-Free Closure Technique During Cesarean Delivery for Reducing the Risk of Niche Formation and Placenta Accreta Spectrum Disorders



12:00 - 12:20

Prof. Hassan Elbiss

Conservative Management of UI – Update & Debate



12:20 - 12:40

Prof. Sherif Negm

Uncommon types of ectopic Pregnancy

Panel Discussion: 12:40 - 12:50 Lunch Break: 12:50 - 14:00

Chairpersons: Dr. Wafa Adel Jassim Albayati | Dr. Sudha Sarma



14:00-14:20

Dr. Maryam Al Shukri

Does myomectomy improve fertility?





14:20 - 14:40

Prof. Sherif Negm

Diagnosis of adnexal torsion



14:40 - 15:00

Prof. Alaa El Ebrashy

Fetal cranium and face at 13Wk scan update



15:00 - 15:20

Dr. Shatha Al Zuheiri

Cesarean section: possible to reduce the rate?

Panel Discussion: 15:20- 15:30

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#### Day 3 - 20th of April 2025

Chairpersons: Dr. Lina Hussien | Dr. Hala Elyas



15:30 - 15:50

Dr. Wafa Adel Jassim Albayati

Successful Preventive Treatment of Oncogenic Transforming HPV Infections in Low-Grade Cytology (ASC-US/LSIL) Patients with an Adsorptive and Antioxidant

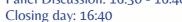
Session 8

15:50 - 16:10 Dr. Sudha Sarma Acute fatty liver of pregnancy

16:10 - 16:30

**Dr. Ramya Sundaram**Cervical cercalage A stitch in time current evidence and update

Panel Discussion: 16:30 - 16:40





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